

Table 7.88a

Body Weight Status of Native Hawaiian Adults Based on Estimated BMI (Body Mass Index) in Hawai'i: 2001-2011

Year	Native Hawaiian Adults							
	Underweight (BMI < 18.5)		Recommended range (18.5 ≤ BMI < 25)		Overweight (25 ≤ BMI < 30)		Obese (BMI ≥ 30)	
	%	C.I.(95%)	%	C.I.(95%)	%	C.I.(95%)	%	C.I.(95%)
2011	1.0	(0.3- 2.9)	24.1	(20.1-28.7)	32.7	(28.1-37.6)	39.8	(35.2-44.6)
2010	1.4	(0.5- 3.7)	23.1	(18.9-27.9)	31.8	(26.9-37.1)	43.7	(38.3-49.3)
2009	0.9	(0.4- 2.2)	19.6	(15.7-24.2)	30.2	(25.8-35.0)	49.3	(44.1-54.5)
2008	1.2	(0.6- 2.7)	24.1	(19.9-28.8)	30.6	(26.3-35.4)	44.1	(38.9-49.3)
2007	1.2	(0.5- 3.2)	24.8	(21.0-29.0)	30.7	(26.6-35.2)	43.2	(38.7-48.0)
2006	0.6	(0.3- 1.2)	24.3	(20.2-28.8)	35.8	(31.1-40.7)	39.4	(34.5-44.5)
2005	0.6	(0.3- 1.3)	26.4	(21.9-31.3)	30.0	(25.9-34.3)	43.1	(38.2-48.2)
2004	3.3	(1.1- 9.5)	25.4	(19.9-31.8)	31.0	(24.7-38.0)	40.3	(33.1-47.8)
2003	1.9	(0.9- 3.8)	32.6	(28.0-37.5)	32.6	(28.0-37.6)	32.9	(28.3-37.9)
2002	1.3	(0.7- 2.7)	23.0	(19.4-27.1)	38.1	(33.4-43.2)	37.5	(32.9-42.4)
2001	2.1	(0.9- 5.2)	28.9	(23.9-34.4)	33.8	(28.8-39.2)	35.2	(30.0-40.7)

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Table 7.88b Body Weight Status of Adults Based on Estimated BMI (Body Mass Index) in Hawai'i: 2001-2011

Year	State of Hawai'i Adults							
	Underweight (BMI < 18.5)		Recommended range (18.5 ≤ BMI < 25)		Overweight (25 ≤ BMI < 30)		Obese (BMI ≥ 30)	
	%	C.I.(95%)	%	C.I.(95%)	%	C.I.(95%)	%	C.I.(95%)
2011	2.7	(2.2- 3.3)	40.4	(38.7-42.1)	32.8	(31.2-34.5)	21.2	(19.8-22.7)
2010	2.8	(2.2- 3.5)	40.0	(38.2-41.8)	34.1	(32.4-35.9)	23.1	(21.5-24.8)
2009	2.6	(2.2- 3.2)	39.5	(37.8-41.2)	34.9	(33.3-36.6)	22.9	(21.4-24.5)
2008	2.9	(2.4- 3.5)	39.7	(38.0-41.4)	34.2	(32.6-35.9)	23.1	(21.7-24.7)
2007	2.2	(1.8- 2.8)	40.9	(39.3-42.6)	35.1	(33.5-36.7)	21.7	(20.3-23.2)
2006	2.6	(2.1- 3.1)	41.4	(39.7-43.1)	35.5	(33.9-37.1)	20.6	(19.2-22.0)
2005	2.3	(1.9- 2.7)	44.7	(43.0-46.4)	33.3	(31.7-34.9)	19.7	(18.3-21.2)
2004	3.2	(2.2- 4.6)	43.9	(41.0-46.9)	31.9	(29.2-34.7)	20.9	(18.4-23.7)
2003	2.4	(1.9- 2.9)	47.6	(45.7-49.6)	33.6	(31.8-35.5)	16.4	(15.0-17.9)
2002	2.4	(1.9- 2.9)	44.5	(42.8-46.2)	36.0	(34.4-37.6)	17.1	(15.9-18.5)
2001	2.9	(2.3- 3.7)	45.7	(43.7-47.7)	33.5	(31.6-35.4)	17.9	(16.3-19.6)

Source: Hawai'i State, Department of Health, Behavioral Risk Factor Surveillance System