

Table 7.85 Selected Risk Behaviors Among Native Hawaiians and Other Ethnic Groups in Hawai'i: 2011

Risk Behaviors	Ethnicity									
	White		Native Hawaiian		Filipino		Japanese		Others	
	%	C.I. (95%)	%	C.I. (95%)	%	C.I. (95%)	%	C.I. (95%)	%	C.I. (95%)
Current Smoker	12.4	(10.5-14.6)	20.4	(16.5-24.9)	8.2	(6.1-10.9)	9.2	(7.3-11.6)	14.6	(11.2-18.8)
Binge Drinking	21.9	(19.4-24.6)	29.3	(24.7-34.4)	17.5	(13.9-21.9)	15.4	(12.8-18.4)	20.9	(17.2-25.2)
Heavy Drinking	8.8	(7.5-10.4)	10.8	(8.0-14.6)	5.1	(3.2- 7.9)	4.5	(3.3- 6.0)	6.2	(4.3- 8.7)
Overweight (25<=BMI<30)	32.6	(30.1-35.2)	32.7	(28.1-37.6)	31.6	(27.4-36.2)	33.8	(30.7-37.1)	33.2	(28.9-37.8)
Obese I (30<=BMI<35)	12.7	(10.9-14.7)	19.8	(16.4-23.8)	15	(11.8-18.8)	10.3	(8.5-12.3)	13.7	(10.8-17.3)
Obese II (35<=BMI<40)	4.8	(3.8- 6.1)	11.5	(8.9-14.7)	3.4	(1.9- 6.1)	4.1	(2.7- 6.2)	3.3	(2.0- 5.4)
Obese III (Morbid obesity 40<=BMI)	2.6	(1.8- 3.8)	8.4	(6.1-11.6)	1.5	(0.8- 3.0)	1.2	(0.7- 1.9)	3.4	(1.9- 6.0)
High Blood Pressure	23.3	(21.2-25.5)	31.1	(26.9-35.7)	29.6	(25.7-33.8)	37.6	(34.5-40.8)	26.6	(22.9-30.6)
Diabetes	5.6	(4.7- 6.6)	9.8	(7.6-12.4)	9.5	(7.4-12.1)	12.3	(10.3-14.5)	7.3	(5.5- 9.5)
High Blood Cholesterol	25.8	(23.5-28.2)	22.3	(18.8-26.3)	27.1	(23.2-31.4)	36.6	(33.6-39.8)	25.6	(21.8-29.7)
Binge drinking defined as having 5+ drinks for men or 4+ drinks for women on an occasion										
Heavy drinking defined as: greater than 2 drinks per day for men or 1 drink per day for women										

Source: Hawai'i State, Department of Health, Behavioral Risk Factor Surveillance System.