Mākua 4B20

Native Hawaiian Adults Heavy or Binge Drinking (men >2 drinks abd women >1 drink per day) in Hawaii: 2011-2014

**Survey Question:** One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

Indicate sex of respondent.

Year	Heavy or binge drinking (Men having >2 drinks per day, women having >1 drink per day)					
	State of Hawaiʻi			Native Hawaiian		
	#	%	CI (95%)	#	%	CI (95%)
2011	227,100	22.8	21.2-24.5	33,200	31.8	26.8-36.9
2012	207,300	19.7	18.4-21.1	36,800	30.0	24.8-35.2
2013	208,400	19.7	18.3-21.0	30,200	27.3	23.2-31.4
2014	217,400	21.1	19.7-22.5	39,600	30.8	26.3-35.4

**Source:** Hawai'i State, Department of Health, Office of Health Status Monitoring, Hawai'i Health Data Warehouse, Hawai'i Behavioral Risk Factor Surveillance System, Alcohol-heavy or binge drinking, for the State of Hawai'i