Mākua 4A21

Native Hawaiian Adults Mental Health Not Good on 6 or More Days (past 30 days) in Hawai'i: 2000-2015

**Survey Question:** Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Year	Adults mental health not good on 6 or more days of the past 30 days					
	State of Hawaiʻi			Native Hawaiian		
	#	%	CI (95%)	#	%	CI (95%)
2011	140,300	13.5	12.2-14.7	21,200	19.2	15.4-23.1
2012	143,100	13.4	12.2-14.6	22,200	17.6	13.8-21.5
2013	141,600	13.0	11.9-14.1	24,400	21.7	17.8-25.5
2014	143,700	13.0	11.9-14.1	26,700	20.2	16.5-23.9

**Source:** Hawai'i State, Department of Health, Office of Health Status Monitoring, Hawai'i Health Data Warehouse, Hawai'i Behavioral Risk Factor Surveillance System, Health-mental bad 6+ of past 30 days, for the State of Hawai'i