

Table 7.87

Body Weight Status of Adults Based on Estimated BMI (Body Mass Index) in Hawai'i: 2011

Race	Underweight (BMI < 18.5)		Recommended range (18.5 ≤ BMI < 25)		Overweight (25 ≤ BMI < 30)		Obese (BMI ≥ 30)		DNK/RF/Missing	
	%	C.I.(95%)	%	C.I.(95%)	%	C.I.(95%)	%	C.I.(95%)	%	C.I.(95%)
White	3.0	(2.0- 4.4)	41.7	(38.8-44.6)	32.6	(30.1-35.2)	20.1	(17.9-22.5)	2.6	(1.8- 3.9)
Hawaiian	1.0	(0.3- 2.9)	24.1	(20.1-28.7)	32.7	(28.1-37.6)	39.8	(35.2-44.6)	2.4	(1.5- 3.8)
Filipino	2.5	(1.3- 4.9)	43.1	(38.4-47.8)	31.6	(27.4-36.2)	19.9	(16.3-24.1)	2.9	(1.8- 4.8)
Japanese	3.8	(2.8- 5.2)	43.5	(40.2-46.9)	33.8	(30.7-37.1)	15.6	(13.3-18.2)	3.3	(2.3- 4.8)
Others	2.1	(1.2- 3.4)	41.5	(37.0-46.1)	33.2	(28.9-37.8)	20.4	(16.9-24.6)	2.8	(1.7- 4.5)
TOTAL	2.7	(2.2- 3.3)	40.4	(38.7-42.1)	32.8	(31.2-34.5)	21.2	(19.8-22.7)	2.9	(2.4- 3.6)

Source: Hawai'i State, Department of Health, Behavioral Risk Factor Surveillance System