

**Table 7.85
Update**

Selected Risk Behaviors Among Native Hawaiians and Other Ethnic Groups in Hawai'i: 2012

| Risk Behaviors | Race-Ethnicity | | | | | | | | | | | |
|------------------------------------|----------------|-------------|-----------------|-------------|----------|-------------|----------|-------------|--------|-------------|-------|-------------|
| | White | | Native Hawaiian | | Filipino | | Japanese | | Others | | Total | |
| | % | C.I. (95%) | % | C.I. (95%) | % | C.I. (95%) | % | C.I. (95%) | % | C.I. (95%) | % | C.I. (95%) |
| Current Smoker | 10.2 | (8.5-12.1) | 15.1 | (11.6-19.5) | 10.4 | (7.5-14.3) | 8.1 | (6.2-10.5) | 9.3 | (7.1-12.2) | 10.2 | (9.2-11.4) |
| Binge Drinking | 19.2 | (17.2-21.4) | 28.8 | (24.3-33.9) | 14.6 | (11.6-18.2) | 14.3 | (12.0-17.0) | 16.8 | (14.0-20.2) | 18.2 | (16.9-19.5) |
| Heavy Drinking | 10.2 | (8.7-11.9) | 11.1 | (8.2-15.0) | 3.3 | (2.3- 4.8) | 5.1 | (3.7- 6.9) | 5.9 | (4.3- 8.2) | 7.4 | (6.6- 8.3) |
| Overweight (25<=BMI<30) | 32.7 | (30.3-35.2) | 32.4 | (27.8-37.3) | 33.6 | (29.1-38.4) | 35.5 | (32.0-39.1) | 27.0 | (23.5-30.9) | 32.5 | (30.9-34.1) |
| Obese I (30<=BMI<35) | 13.7 | (11.7-15.9) | 23.9 | (19.8-28.5) | 16.7 | (12.9-21.4) | 13.1 | (10.8-15.8) | 14.8 | (12.0-18.2) | 15.5 | (14.2-16.9) |
| Obese II (35<=BMI<40) | 4.0 | (3.1- 5.0) | 12.4 | (9.3-16.4) | 3.5 | (2.1- 5.6) | 2.9 | (1.9- 4.4) | 6.3 | (4.0- 9.8) | 5.1 | (4.3- 6.0) |
| Obese III (Morbid obesity 40<=BMI) | 2.7 | (1.8- 4.2) | 8.1 | (5.5-11.8) | 2.5 | (1.1- 5.5) | 0.8 | (0.4- 1.5) | 2.8 | (1.7- 4.4) | 2.9 | (2.3- 3.7) |
| High Blood Pressure * | 23.3 | (21.2-25.5) | 31.1 | (26.9-35.7) | 29.6 | (25.7-33.8) | 37.6 | (34.5-40.8) | 26.6 | (22.9-30.6) | 28.7 | (27.3-30.2) |
| Diabetes | 4.5 | (3.4- 6.0) | 9.5 | (6.9-13.0) | 7.4 | (5.1-10.7) | 11.3 | (9.3-13.6) | 8.2 | (5.8-11.5) | 7.8 | (6.8- 8.8) |
| High Blood Cholesterol * | 32.8 | (30.1-35.6) | 32.1 | (27.2-37.3) | 41.4 | (36.1-46.9) | 43.7 | (40.2-47.1) | 35.3 | (30.4-40.4) | 37.0 | (35.2-38.8) |

Binge drinking defined as having 5+ drinks for men or 4+ drinks for women on an occasion
 Heavy drinking defined as: greater than 2 drinks per day for men or 1 drink per day for women
 • 2011 data, behaviors were not reported in the 2012 survey.

Source: Hawai'i State, Department of Health, Behavioral Risk Factor Surveillance System.