

Table 7.63

Selected Risk Behaviors Among Native Hawaiians and Other Race/Ethnic Groups in Hawai'i: 2009, 2010.

Risk Behaviors	Race/Ethnicity				
	White	Native Hawaiian	Filipino	Japanese	Others
Current Smoker	10.8%	20.6%	7.7%	7.2%	10.9%
Binge Drinking	20.3%	28.3%	14.6%	12.6%	16.0%
Heavy Drinking	8.7%	11.8%	2.6%	4.1%	5.8%
Overweight (25<=BMI<30)	36.7%	31.8%	35.0%	32.7%	31.8%
Obese I (30<=BMI<35)	13.9%	25.4%	13.3%	9.9%	17.6%
Obese II (35<=BMI<40)	4.5%	10.4%	4.2%	3.0%	7.3%
Obese III (Morbid obesity 40<=BMI)	2.2%	7.9%	2.4%	1.1%	3.6%
High Blood Pressure (2009)	25.6%	36.3%	31.2%	36.5%	24.5%
Diabetes	5.5%	11.4%	10.1%	9.8%	7.1%
High Blood Cholesterol (2009)	36.7%	37.7%	35.9%	45.9%	35.6%
Binge drinking defined as having 5+ drinks for men or 4+ drinks for women on an occasion					
Heavy drinking defined as: greater than 2 drinks per day for men or 1 drink per day for women					

Source: Hawai'i State, Department of Health, Behavioral Risk Factor Surveillance System. (Honolulu).