

Table 7.171

Adult Body Weight Status Based on Estimated BMI (Body Mass Index) by Race-Ethnicity in Hawai'i: 2013

Race-Ethnicity	Underweight (BMI < 18.5)			Recommended range (18.5 ≤ BMI < 25)			Overweight (25 ≤ BMI < 30)			Obese (BMI ≥ 30)		
	No.	%	C.I.(95%)	No.	%	C.I.(95%)	No.	%	C.I.(95%)	No.	%	C.I.(95%)
Caucasian	9,600	2.8	1.8-3.8	142,100	41.5	38.9-44.1	119,900	35.1	32.5-37.6	70,500	20.6	18.3-22.9
Native Hawaiian	1,100	0.9	0.3-1.6	29,500	26.5	22.6-30.5	37,300	33.6	29.4-37.8	43,300	39.0	34.6-43.3
Chinese	2,400	3.7	1.3-6.2	39,500	60.7	53.9-67.4	17,600	26.9	20.8-33.1	5,700	8.7	5.3-12.2
Filipino	3,800	2.2	0.8-3.6	80,200	45.8	41.1-50.4	61,700	35.2	30.7-39.6	29,600	16.9	13.5-20.3
Japanese	6,000	2.7	1.8-3.7	109,100	49.5	45.9-53.1	73,600	33.4	30.1-36.6	31,800	14.4	11.7-17.1
Black	<50	0.1	0.0-0.2	4,300	31.6	17.6-45.6	5,100	37.3	23.4-51.2	4,300	31.0	15.9-46.2
Other Asian	1,700	6.3	2.1-10.5	13,800	51.6	39.9-63.3	8,100	30.2	18.5-41.9	3,200	11.9	5.0-18.7
Other Pacific Islander	0	0.0	0.0-0.0	6,600	21.2	12.6-29.9	6,600	21.3	14.4-28.3	17,700	57.4	47.9-67.0
Other	100	0.2	0.0-0.6	11,000	31.0	21.4-40.6	13,700	38.6	28.8-48.4	10,700	30.2	19.4-41.1
State of Hawai'i	25,000	2.4	1.9-2.8	448,600	42.3	40.7-43.9	356,100	33.6	32.0-35.1	231,200	21.8	20.4-23.2

Source: Hawai'i State, Department of Health, Office of Health Status Monitoring. Hawaii Health Data Warehouse. Behavioral Risk Factor Surveillance System. Weight-BMI status, for the State of Hawai'i.