

Survey Question: During the past 7 days, how many times did you eat fruit?
 During the past 7 days, how many times did you eat dark green vegetables such as broccoli, romaine lettuce, chard, collard greens, lu‘au leaves, watercress, kale, or spinach?
 During the past 7 days, how many times did you eat orange-colored vegetables such as carrots, sweet potatoes, pumpkin, kabocha, or winter squash?
 During the past 7 days, how many times did you eat other vegetables such as tomatoes (including tomato juice or V8 juice), corn, eggplant, peas, green beans, lettuce, cabbage, and baked or mashed potatoes?

Year	Native Hawaiian											
	Consumption-5+ fruit/ veggie per day, past 7 days			Eat 2 or more fruits per day			Eat 3 or more vegetables per day			Eat 2+ fruits and 3+ vegetables per day		
	#	%	CI	#	%	CI	#	%	CI	#	%	CI
2013	2,100	22.9%	19.3-26.5	2,600	28.6%	25.1-32.1	1,500	16.2%	13.3-19.1	1,100	12.4%	9.3-15.5
2015	1,700	19.4%	16.9-21.9	2,100	24.2%	21.2-27.1	1,300	15.1%	11.7-18.5	900	10.2%	7.7-12.6

Year	State of Hawai‘i											
	Consumption-5+ fruit/ veggie per day, past 7 days			Eat 2 or more fruits per day			Eat 3 or more vegetables per day			Eat 2+ fruits and 3+ vegetables per day		
	#	%	CI	#	%	CI	#	%	CI	#	%	CI
2013	8,800	21.8%	19.2-24.4	11,200	27.1%	24.8-29.4	7,300	18.1%	16.0-20.3	4,800	11.9%	10.2-13.6
2015	7,200	18.7%	17.3-20.2	9,200	23.2%	21.8-24.5	6,500	16.5%	14.4-18.5	3,900	10.0%	8.7-11.4

Source: Hawai‘i State, Department of Health, Hawai‘i Health Data Warehouse, Youth Risk Behavioral Survey, Fruit & Vegetable Consumption in Hawai‘i