

Survey Question: During the past 7 days, on how many days did you eat breakfast?

Year	Consumption-weekly frequency of breakfast (Youth)											
	State of Hawai‘i											
	Zero days			1-3 days			4-6 days			All 7 days		
	#	%	CI	#	%	CI	#	%	CI	#	%	CI
2013	4,100	10.1%	8.0-12.2	11,200	27.5%	25.8-29.2	9,900	24.3%	22.7-25.9	15,500	38.1%	35.8-40.5
2015	4,800	12.1%	10.9-13.3	11,600	29.2%	27.0-31.4	9,000	22.7%	21.1-24.3	14,300	36.0%	34.0-38.0

Year	Consumption-weekly frequency of breakfast (Youth)											
	Native Hawaiian											
	Zero days			1-3 days			4-6 days			All 7 days		
	#	%	CI	#	%	CI	#	%	CI	#	%	CI
2013	1,400	15.4%	10.8-20.0	2,600	29.4%	25.1-33.8	2,200	24.6%	21.3-27.9	2,700	30.6%	26.6-34.6
2015	1,500	16.7%	14.1-19.3	2,900	32.6%	30.6-34.6	2,000	23.3%	20.5-26.2	2,400	27.4%	24.6-30.1

Source: Hawai‘i State, Department of Health, Hawai‘i Health Data Warehouse, Youth Risk Behavioral Survey, Breakfast Consumption in Hawai‘i