

Survey Question: During the past month, not counting juice, how many times per day, week, or month did you eat fruit?

During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils

During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?

During the past month, how many times per day, week, or month did you eat orange colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?

Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables?

Year	Eat 5 or more fruits and vegetables per day					
	State of Hawai'i			Native Hawaiian		
	#	%	CI (95%)	#	%	CI (95%)
2011	201,100	19.7	18.3-21.0	21,300	19.7	15.6-23.8
2013	181,400	18.1	16.9-19.4	21,000	20.2	16.4-23.9

Source: Hawai'i State, Department of Health, Office of Health Status Monitoring, Hawai'i Health Data Warehouse, Hawai'i Behavioral Risk Factor Surveillance System, Eat 5 or more fruits and vegetables per day (2011+), for the State of Hawai'i