

**Survey Question:** Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Year	Adults mental health not good on 14 or more days of the past 30 days					
	State of Hawai'i			Native Hawaiian		
	#	%	CI (95%)	#	%	CI (95%)
2011	88,800	8.5	7.5-9.5	14,900	13.5	10.1-16.9
2012	90,700	8.5	7.6-9.4	12,800	10.2	7.7-12.7
2013	89,400	8.2	7.4-9.0	15,400	13.6	10.6-16.7
2014	93,100	8.4	7.5-9.3	13,900	10.5	8.3-12.8

**Source:** Hawai'i State, Department of Health, Office of Health Status Monitoring, Hawai'i Health Data Warehouse, Hawai'i Behavioral Risk Factor Surveillance System, Health-mental bad 14+ of past 30 days, for the State of Hawai'i