

Survey Question: During the past 7 days, on how many days did you eat breakfast?

Year	Consumption-weekly frequency of breakfast (Youth): Zero days					
	State of Hawai'i			Native Hawaiian		
	#	%	CI	#	%	CI
2015	3,200	12.6%	11.2-14.0	900	15.7%	13.4-17.9
2013	2,900	10.9%	9.5-12.3	800	13.9%	11.0-16.8

Year	Consumption-weekly frequency of breakfast (Youth): 1-3 days					
	State of Hawai'i			Native Hawaiian		
	#	%	CI	#	%	CI
2015	5,500	21.6%	19.4-23.9	1,600	28.3%	25.8-30.8
2013	5,900	22.4%	20.1-24.7	1,400	23.8%	20.0-27.6

Year	Consumption-weekly frequency of breakfast (Youth): 4-6 days					
	State of Hawai'i			Native Hawaiian		
	#	%	CI	#	%	CI
2015	5,000	19.6%	18.0-21.2	1,100	19.0%	16.6-21.5
2013	5,700	21.8%	19.9-23.7	1,300	22.0%	18.6-25.4

Year	Consumption-weekly frequency of breakfast (Youth): All 7 days					
	State of Hawai'i			Native Hawaiian		
	#	%	CI	#	%	CI
2015	11,800	46.2%	43.2-49.2	2,200	37.0%	33.8-40.2
2013	11,800	44.9%	41.8-48.0	2,400	40.3%	36.2-44.5

Source: Hawai'i State, Department of Health, Hawai'i Health Data Warehouse, Youth Risk Behavioral Survey, Breakfast Consumption in Hawai'i