

Health-Mauli Ola

Mana is our Legacy, Maui Ola is our destiny

NATIVE HAWAIIAN ADULT DIABETES

Areas of Health

Chronic Conditions

Risk Behaviors

Births and Deaths

Social Determinants

CHRONIC CONDITIONS

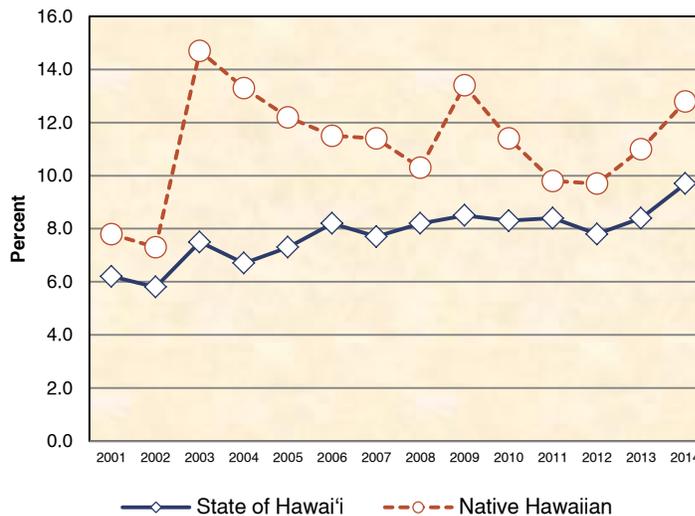
12.8%

Native Hawaiian adults had diabetes, in 2014 (17,000 Native Hawaiians)

32.0%

Native Hawaiians with diabetes were taking insulin, in 2013

Adult Diabetes in Hawai'i: 2001-2014



ABOUT THE DATA

Source: Behavioral Risk Factor Surveillance System (BRFSS): The BRFSS is an ongoing telephone survey of adults (18 years and over). The BRFSS in Hawai'i is conducted by the Hawai'i State Department of Health and coordinated by the Centers for Disease Control and Prevention (CDC).

Notes: Diabetes (Diabetes mellitus) is a disease in which blood glucose levels are above normal. Most of the food we eat is turned into glucose, or sugar, for our bodies to use for energy. The pancreas, an organ that lies near the stomach, makes a hormone called insulin to help glucose get into the cells of our bodies. When you have diabetes, your body either doesn't make enough insulin or can't use its own insulin as well as it should. This causes sugar to build up in your blood. (CDC)

RISK BEHAVIORS

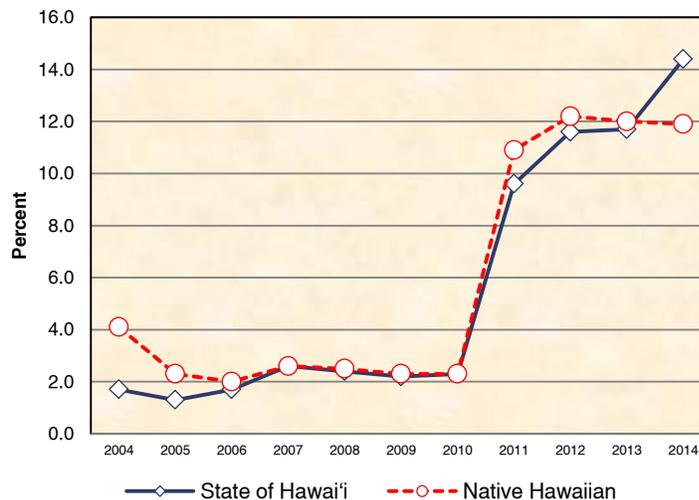
11.9%

Native Hawaiians had pre-diabetes or borderline diabetes, in 2014 (15,900 Native Hawaiians)

11.0%

Native Hawaiians (18-84 years) reported being diagnosed with diabetes in the past 12 months, in 2014

Adult Pre-Diabetes or Borderline Diabetes in Hawai'i: 2004-2014



ABOUT THE DATA

Source: Behavioral Risk Factor Surveillance System (BRFSS): The BRFSS is an ongoing telephone survey of adults (18 years and over). The BRFSS in Hawai'i is conducted by the Hawai'i State Department of Health and coordinated by the Centers for Disease Control and Prevention (CDC).

Notes: A person with prediabetes has a blood sugar level higher than normal, but not high enough for a diagnosis of diabetes. He or she is at higher risk for developing type 2 diabetes and other serious health problems, including heart disease, and stroke. Without lifestyle changes to improve their health, 15% to 30% of people with prediabetes will develop type 2 diabetes within five years. (CDC)

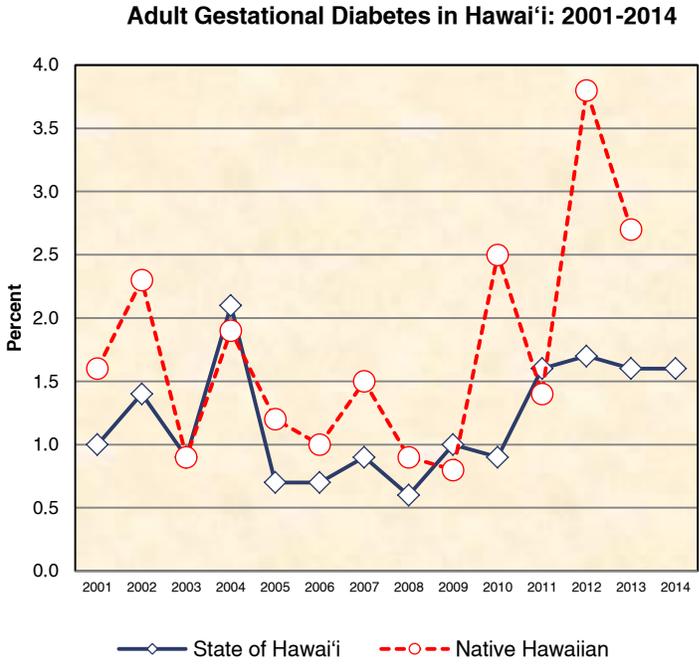
Mauli Ola (Health): To improve the quality and longevity of life, Native Hawaiians will enjoy healthy lifestyles and experience reduced onset of chronic diseases.



BIRTHS AND DEATHS

9.3%
Native Hawaiian mothers (all ages) had gestational diabetes, in 2013. (PRAMS)

15.5%
Native Hawaiian mothers received late or no prenatal care, in 2013. Offsetting an opportunity to identify and address gestational diabetes issues.



ABOUT THE DATA

Source: Behavioral Risk Factor Surveillance System (BRFSS): The BRFSS is an ongoing telephone survey of adults (18 years and over). The BRFSS in Hawai'i is conducted by the Hawai'i State Department of Health and coordinated by the Centers for Disease Control and Prevention (CDC).

Notes: Gestational diabetes is a type of diabetes that develops only during pregnancy. Diabetes means a person's blood glucose, also called blood sugar, is too high. Our bodies use glucose for energy. Too much glucose in the blood is not good for pregnant women or their babies.

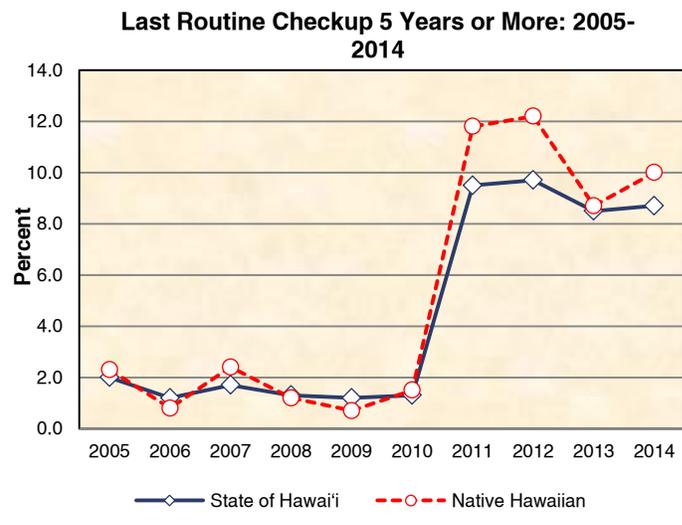
Managing gestational diabetes is very important in order to protect the baby. Babies born to mothers with uncontrolled gestational diabetes can be overly large at birth, making delivery more dangerous. These babies can also have breathing problems. Moreover, children exposed to diabetes in the womb are more likely to become obese during childhood and adolescence, and develop type 2 diabetes later in life. (CDC)

SOCIAL DETERMINANTS

16.0%
Native Hawaiian Adults consumed Soda One or More Times per Day, in 2012

Diabetes can be prevented or delayed through:

- 1) Losing weight
- 2) Eating healthy
- 3) Being more active



ABOUT THE DATA

Source: American Community Survey (ACS) is an ongoing statistical survey conducted by the US Census Bureau. It regularly gathers information previously contained only in the long form of the decennial census, thus filling a vital data gap. The data collected is based on a random sample and is subject to sampling variability.

Notes: Why are Check-Ups Important? Regular health exams and tests can help find problems before they start. They also can help find problems early, when your chances for treatment and cure are better. By getting the right health services, screenings, and treatments, you are taking steps that help your chances for living a longer, healthier life. (CDC)

